THE CHINOOK ADVANCE

Vol. 22

Chinook, Alberta. Thursday, Nov 26th 1942

Miscellaneous Shower

On the evening of Nov. 18, Miss Olga Zawasky was iu-wited to a Miscellaneous Shower, given in her honor by the ladies of the community

To the strain of the Wedd ing March, Miss Zawasky was introduced to her friends During the course of the evening Mrs. Cooley entertained games.

Withell made the presentation the Earl of Athlone, to the guest of honor of a

Olga opened the gifts and passed them around for the admiration of those present, Louise Hoffman, 15, of Watts following which Olga thanked (St. George): Stewart. Carl

evening.

CHARIVARI

About thirty friends gather ed to gether to Charivari Mr and Mrs Ben Mitchell on Wednesday evening Nov. 25th The bride and and groon made welcome the crowl and then passed cigarettes and candies. The evening was spent in singing, dancing and playing games

After lunch hands were join ed around Mr. and Mrs. Mitchell while every one sang "For They Are Jolly" Good

Will Have to File Statement With Income Tax Inspector

Farmers who employ temporary help for harvest during the months of Sep-tember, October and November must file a statement with the Income Tax Inspector, but will not be required to deduct the tax from the pay of such

The Department of National Rev enue has recently ruled that farmers who engage temporary help for the months of September, October and November will not be called upon to Adventuer will not be called upon to deduct income tax from such employees when they pay the helpers. Persons employed for the harvest seson proceeding are paid on a daily basis and do not earn enough to render them liable to the tax.

Farmers, however, will be obliged to file a statement with the Inspector of Theome Tax for his district, giving the trame and address of the employ(so and the amount paid:

Exam Medals Are Awarded Best Students

Gov. rnor-General Prizes Received In Southern Alberta

The Governor General's bronze medals for competition for a few days. in connection with the Alberta the guests and kept the party grade IX departmental exam interested with a series of mations have been awarded is visiting this week at the for 1942 These medals are home of her parents, Mr and Wanner and Mrs.

The winners in the schools gorgeously decorated basket of Southern Alberta, their age Seeger and family moved to filled with the lovely gifts from attend are as follows:

Hubert Dudley Connor, 14, dis, B. C. of Chinook Cons; Verda them for their great kindness Douglass, 14, of Buffalo, Don and also for their good wishes Harvey Aitkenhead, 15, of for her future happiness.

Hillhurst Jr. High in Calgary; and also for their good visines
for her future happiness.

A very tasty lunch was served and enjoyed by all, and 13 of Sunshine; Patricia Dafoe, the singing of "5he's a Jolly Good Fellow" closed the ins Moore, 14, Seven Persons, 13 or Sunshine; Farricia Datoe, 15, of Coronation; John Hodg ins Moore, 14, Seven Persons, John Murray Cram, 15, Three Hill; Shirley Francis Dais 13, Cavley; Maxine Thelma Amen, 15, Longview. Vivian Ann Chulak, 14, St, Patrics; Hazel Mary Millett, 14, Blairmore; Arnold Emil Burkari, 14, Alex HELD andria; Doris Tamara Peter 15, Reed Ranch; Leonard Steward Meeres, 15, Reed Deer Raymond Rudin, 15, Nordegg Clark Leavitt, 14. Glenwood Stephen Wood, 14, Raymond and Helen Klassen, 15, Antler

CHINOOK STUDENT AWARDED MEDAL

It was with a good deal of satisfaction that Chinook ed u ational circles welcomed the news on Monday that Hubert Dudley Connor was success ful in winning the Governor General's Bronze Medal This is an annual award made to the grade nine student in each of the inspectorates of the province achieving the highest average on the Departmental Examinations I am given to understand that this is the first time in the history of the Chino k Consolidated that such a major scholastic award

has come to this school It is with incere apprecia tion that I tender on behalf of Chinook Consolidated, our thanks to Dudley Connor; to Miss E. E. McDonald, his grade nine teacher, now teach ing in Medicine Hat; and to the Connor home, whose efforts and co-operation have brought such distinctive honours to our school.

Calgary visitors thi week.

Ken Gullekson left Wednesday night for Calgary where he will spend a few day

Mr and Mrs. R. Whelan were Drumheller visitors for a few days this week.

Mr. Bruce Hutchison left Wednesday night for Calgary where he will visit with friends

owned by Mr. Suitor of Sar-

Mrs. Lee and son are If Marketing Late Facilities Won't be Available for Handling

Farmers are being advised to mar ket live poultry as early as possible The necessity of this program is two fold. In the first instance it is a facthat there is an extremely heavy crop of poultry to be marketed this sea-son and if marketing is to be late as is usual, it will be almost an impossiis usual, it will be almost an impossi-bility for existing facilities in Alberta to accommodate offerings. While it is difficult to forecast commodity mar-kets with world conditions such as they are, it would seem quite reas-onable that if the large poultry crop is to be thrown on the market in a is to be thrown on the market in a very short period, reduced prices may follow, yet on the other hand, if it can be moved in an orderly manner, it should be possible to receive and distribute all poultry at present levels. distribute all poultry at present levels.

Secondly the program of voluntary
curtailment of the purchase of pork
products during the next eight weeks
as forecast by the Federal Government will naturally increase the consumer demand for chicken and with this increased demand, it can be expected that chicken prices wil ren at least on a steady basis.

Special For The Week

Swift's Pork Sausage	tin 🕚	28c
Oxydol	lge. pkt.	27c
Quaker Tomato Catsup	2 ting	23c
Thrift Soap Flakes	4 lb. pkt.	49c
Sunnyboy Cereal	pkt.	33c
Habacure	5 16 ckt.	90c
Jewel Brand Shortening	2 pkts.	35c
Maxwell House Coffee	lb.	59c

GET READY FOR WINTER

Buy your stove pipe, stove pipe enamel, and weatherstrip, NOW!

See that your storm windows are all fixed.

BANNER HARDWARE AND GROCERY



"Well hold your place"

IN EVERY city, town and village throughout Canada today there are gaps where once were young men. They heard a call and put on navy blue, khaki, horizon blue, and they have gone, answering a call . . .

They are missed-missed not only in their homes but also in the business places which once they filled.

They have gone from every institution in Canada; but from none more than from the chartered banks. There is hardly a branch office from coast to coast which is not today the poorer-and the prouder -for those who thus laid down their pens.

But every branch manager, as he shook parting hands, had this consolation: he could say, "We'll hold your place. It will be waiting for you when you come back. That is a pledge."

So it is the part of those who remain to serve their country in such a way that the promise may be kept: "We'll hold your place."



There were 14,433 single and married men from 18 to 45 years of age amployed by the Chartered Banks at the outbreak of war. 5,053 — or 35% of them had joined the armed forces by October 31st, 1942; 1,243 others who joined bank staffs since war began have also enlisted.

IMPORTANT ORDER REPAIRS NOW

Check All Your Farm Equipment Because Repair Parts are difficult to get and getting more difficult as time goes on. If you leave your ordering until spring, chances are you will be disappoiated.

> DON'T DELAY Ask Your Dealer For I. H. C. & John Deere

COOLEY BROS.

Chinook, Alta.

Phone 10

personal escentification of the contraction of the

Chinook Hotel

Try Our Meals

GOOD ROOMS

g garanax sasarasanasanas sasanag

W.H. Barros

Prop.



Successful Victory Loan

BY OVER SUBSCRIBING the recent Victory Loan, Canadians showed that without doubt they are solidly behind the men in the armed services, and the war effort at home. This was the third time that the people of Canada have been asked to subscribe their savings for war purposes, and the drive came at a time when taxes are heavier and are affecting a greater part of our population than ever before in our history. Yet more people subscribed to this loan than to any previous one and it is said that many of those who bought bonds in this drive were investing in war savings for the first time. Over subscribed by more than two hundred million dollars, the loan, which opened with an objective of \$750,000,000 was described by those in charge of it, as the most successful one ever held. The conclusion of the loan campaign coincided with the beginning of the faith of the Canadian people in the cause for which we are fighting, and their conviction in a final victory for the United Nations.

Voluntary Work

S Appreciated

S Appreciated

He loan have drawn attention to the many voluntary services given by people in all walks of life to the promotion of selling the bonds. All across Canada, these people gave freely of their can do to them should be given much credit for the success of the drive. Canadian entertainers, joined on numerous occasions by outstanding personalities from the United States, worked hard, at no personal gain, to keep the loan before the public. Thanks were likewise expressed to the churches and the press across Canada for emphasizing the importance of the loan. In every community, large numbers of men and women, many of them very busy with affairs of their own, spent long hours canvassing homes and offices in selling the bonds. To all these people gratitude is due for the success of the loan, and they may feel that they have made a very important contribution to Canada's part in the winning of the war.

From many sources has come a plea to pur-

Bonds Regarded
As A Trust

From many sources has come a plea to purchasers of these bonds to regard them as a wardime trust and to retain them except in stances in which investors have found it hard to maintain the standard they set for themselves when purchasing their bonds, and they have subsequently withdrawn their money. While these bonds may be easily transformed into cash when money is urgently needed, investors are asked to remember at all times the purpose of the loan, and to refrain from cashing in the bonds, at least until the war is won. Not only is it important to the war effort that this money be left with the government, but it is also to the interest of the investors to leave it there. While every effort is being made to plan for economic stability in the post-war era, there but it is also to the interest of the investors to leave it there. While ever effort is being made to plan for economic stability in the post-war era, ther will be a period of readjustment for many workers, and a reserve of we savings may prove to be of practical as well as patriotic value. "Nothing Matters Now But Victory" was the slogan of the drive and Canadian showed that they were solidly behind this sentiment when they so enthus astically over subscribed the large objective set for them.



Many mothers believe that because they and their families consume the presented amount of green vegetables, must and fruit acid day they are accordingly obtaining the basic proportion of essential vitamins. Activally, they may be failing far short of their needs. Vitamins are tempermental, and can be wholly or partially destroyed by wrong cooking methods. Simplicity is the basic principle to be observed in cooking anything. Fancy foods that go through several cooking processes before they reach the table (even so common a procedure as bolling potatoes and then fry-too, are carried off in steam from over-boiled foods.

Here are a few simple rules for preserving vitamins in cooked foods:

(1) Use a minimum amount of cooking water.

(2) Cook in covered vessels for as short a time as possible.

(3) Avoid stirring.

(4) Never add baking soids.

(5) Serve the cooking liquids in soups.

(6) Serve the cooking liquids in soups.

(7) Handle fruits and vegetables as little as possible.

(8) Use a brush to clean vegetables rather than a knife to scrape them.

Shredding, cutting, and diching of fruits and vegetables can result in sovere losses of Vitamin C. This should only be done shortly before serving. Pruits and vegetables the three cooking in the overall consecution of the program of the most out the most out of them by serving the pieces they're cooked in. Vitamin B1 and also Vitamin C are allergic to alkali. Baking soda added to cooking will cause By observing these few rules housewers will be sure that the valuable vitamins that are needed by the members of her family are not being needlessly local.

Send a post card request to Western Division, Health League of Canada, A NEAT PARAPHRASE

A church bell donated to the metal drive by St. Mary's Roman Catholic parish in Phoenix, Ariz, was placed on a downtown sidewalk. It had this sign: "I've praised the Lord, now I go to make some ammunition."



Young Czech Sportsmen

Climb Roofs And Cut Swastika Out Of Nazi Flags

Climb Roofs And Cut Swastlika Out.

The Cracels are known as excellent gymnasts and sportsmen, but the latest fad of the young Czech sportsmen is causing the Nazis great trouble. According to a report published by Naso Noviny in London and based on information given by a lady who succeeded in escaping from the "Protectorate" to a neutral country, Czech boys take great pleasure in climbing the roofs of public buildings where Nazi fings are unduried in order to cut out the swastlika and leave a round hole as the symbol of Naziism. Special guards were assigned to guard the Nazi fings, but so far no culprit has been detected.



(By Lieut. Clair Ganong, Public Relations Officer)

For the first time Canadian women For the first time Canadian women soldiers started for overseas where war is real and grim. One hundred and nine personnel of the Canadian Women's Army Corps left Ste. Anne de Believue, Que., for an Eastern Canadian port. At their head was Capt. Frances "Dime" Riley, of Winnipeg, whose husband has been serving overseas for a year and a half, and at the head of No. 3 platoon was Lieut. Gloria Queen-Flughes, of Halifax and Winnipeg, whose husband is fax and Winnipeg, whose husband is a prisoner of war in Hong Kong.

Subsistence allowance paid to War rant Officers, N.C.O.'s, and men and corresponding ranks of the C.W.A.C. for the Army have been increased from \$1 to \$1.25 a day effective from October 1, 1942.

Thirty more members of the Canadian Women's Army Corps, headed by 2nd Lieut. Enid Clark, of Vasciouver, B.C., have left for Washington, D.C. Ten of the girls will bosted to the Inspection Board of the United Kingdom and Canada and the remainder will be posted to the British Army staff in clerical capacities.

Canadian parachute troops are to receive a special rate of pay, ac-cording to an announcement by De-fence Minister Ralston. All Armies fence Minister Ralston. All Armies give their paratroops extra pay and in the case of Canadian parachute troops, the extra pay will amount to \$2 per day for officers and 75 cents per day for officers and men who volunteer for parachute training will receive this extra pay from the day they join the unit.

Defence Minister Ralston has an-nounced the appointment of Mr. Leo Cadleux as Associate Director of In-formation (French) for the Army. Mr. Cadleux in the past has been Assistant Director of Public Relations Mr. Cadieux in the past has been Assistant Director of Public Relations (French) for the Army. Mapor J. E. MacDernid, of Saskatoon, D.A.A.G. of M.D. No. 12, has been promoted to acting Lieutenant-Colonel and appointed to the Directorate of Administration at National Defence Headquarters, Lt.-Col. F. J. G. Garneau, E.D., Officer Commanding the University of Ottawa C.O.T.C., has been appointed Commandant of the Ottawa area command with the rank of colonel, replacing Colonel L. P. Sherwood, V.C., who has just relinquished his command. Lt.-Col. W. E. Bater, E.D., of the Sherbrooke Regiment, has been appointed G.S.O. In the Directorate of Military Training at National Defence headquarters. Lt.-Col. Marcel Nool, E.D., of Montreal, has been promoted to Englander and appointed Deputy Adjutant General at National Defence Headquarters. Lt.-Col. Marcel Nool, E.D., pointed to the Adjutant General at National Defence Headquarters. Lt.-Col. Later MacGeneral Staff Officer (Class Branch at National Defence Headquarters. Liet. H. Chapman, Petawawa Milltary Camp Headquarters. Later H. Appannan, Petawawa Milltary Camp Headquarters. Later H. Appannan, Petawawa Milltary Camp Headquarters. Liet. H. Chapman, Petawawa Milltary Camp Headquarters. Liet. Departer Headquarters. Liet. Departer Headquarters. Liet. H. Chapman, Petawawa Milltary Camp Headquarters. Liet. Departer Headquarters. Liet. H. Chapman, Petawawa Milltary Camp Headquarters. Liet. Departer Headquarters. Liet. Departer Headquarters. Liet. Departer Head

Defence Minister Ralston presented graduates from the Canadian Officers' Training Centre at Brockville.

Geoffrey Waddington, Canada's best known musical director in connection with early commercial radio programs, has been appointed musical director of "The Army Show", the official Canadian Army entertainment troupe now being organized, and Jack Arthur, prominent stage and musical producer, has been appointed Consultant Producer, and chairman of the Advisory Council for the show. Geoffrey Waddington,

Drastic steps to conserve electricity have been instituted in recent months by the Department. of National Defence, Defence Minister Raiston has revealed. Not only are rigid economies in consumption of electricity practised in all buildings controlled by National Defence Headquarters in Ottawa, but throughout





all army camps, stations and outside drill areas.

The Canadian Army is making a tremendous contribution, through tire maintenance, to overcome the critical rubber situation. An extensive programme has been formulated which controls the operation of every pneumatic and solid tire on every motor transport vehicle, tank, gun carriage and motorcycle. As soon as wear or injury is noticed the tire is immediately removed and repaired. Recapping has been adopted as a general policy. This must not be confused with retreading which is now an obsolete method. Tires are often recapped three times and records prove capped three times and records prove that the original mileage of motor-cycle tires in many cases has been trebled.

GEMS OF THOUGHT

CHRISTIANITY

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father,-Christ Jesus: John 14:12.

The Church of Christ is the world' only social hope and the sole prom-ise of Peace.—General Sir Douglas Haig.
As Christians, we must conquent hate with love.—Benjamin Franklin

While respecting all that is good in the Church or out of it, one's consecration to Christ is more on the ground of demonstration than of profession.—Mary Baker Eddy.

The best advertisement of a work shop is first class work. The strong-est attraction to Christianity is a well-made Christian character.—T. L. Cuyler.

True Christian culture leads to and expresses itself in service, while faithful and loving service is the best means of Christian culture.—Wash-ington Gladden.

SELECTED RECIPES

SELECTED RECIPES

FAVOURITE BROP COOKIES

34. cup of ried figs

15. cup butter

1 cup sugar

2 eggs

34. cup for sugar

2 eggs

35. cup of sugar

36. cuspoon soda

36. teaspoon soda

36. teaspoon soda

36. teaspoon maple or vanilla flavorting ag with boiling water and
let stand 10 minutes; drain, dry on
towel, clip stems, and cut into amail
pieces. Blend butter and sugar
horoughly; add eggs and beat well.

Add flour sitted with soda and salt.

Mix in figs, crushed corn flates and
and the sugar country of the sugar cut
and the sugar country of the sugar cut
in moderately not oven (400 degrees

F) 10 to 12 minutes.

Yield: 21; dozen cookles (three
linches in diameter). Note: Cookles

improve in texture and favour by
storing overnight.

HONEY WAFERS

HONEY WAFERS

HONEY WAFEIS

1/2 cup butter or substitute
1/3 cup honey
1/4 cup butter
1/5 cup honey
1/4 cups
1/5 cup honey
1/5 cup hone
1/5 cup hone
1/5 cups flour
1 teaspoon soda
1/5 teaspoon clavase
1/5 teaspoo

CAFETERIA ON WHEELS

CAPETERIA ON WHEELS. Seven thousand men can be seated, fed and on their way again in 30 minutes at the huge new mess hall in the depot of military district No. 2 at Toronto. A carfeteria on wheels; it is believed to be the largest eating place of its kind in the empire. The tables are set up in the centre of the building, around the kitchen, and the food is wheeled to the men on glorified tea wagons.

2491

AIR TRAINING PLAN

LIST OF GRADUATES

The following students graduated ider the British Commonwealth Air

Training Plan Trom:

No. 5 Air Observer School, Winnipeg,
Mana, (Air Observers) —

Set, S. N. E. Benechamp, Danublin, Man.
Set, G. L. Coutts, Newdale, Man.
Set, G. L. Coutts, Newdale, Man.
Set, W. A. Hunt, Winnipeg, Man.
Set, W. A. Lawrence, Hushienenia, Alia.
Set, H. A. C. Law, Partiliaction, Man.
Set, W. A. Lawrence, Tushienenia, Alia.
Set, M. A. Lawrence, Tushienenia, Alia.
Set, L. W. Sield, Arbert, Man.
Set, K. W. Held, Arbert, Man.
Set, L. W. Singleton, Saskaturom Sask.
Set, C. M. Singleton, Saskaturom Sask.
Set, C. M. Singleton, Saskaturom Sask.
Set, M. Saskaturom Saskat

siei, C. M. Control and Contro

W. Wright, Switt Current,
Jurns, Mckostoff, Man.
H. Davies, Norgate, Man.
D. Dikon, Sauris, Man.
A. Bielselle, Reston, Man.
A. Bielselle, Reston, Mas.
A. Dictor, Brite Mound, Man.
A. Datton, Margaret, Man.
T. Venier, Giller Mound, Man.
A. Datton, Margaret, Man.
T. Venier, Giller, Man.
Barrett, Winnieg, Man.
Barrett, Winnieg, Man.
L. Hambridge, Couter, Man.
D. Maw, Winnieg, Man.
Cas Rowalk, Falin, Alin,
D. Maw, Winnieg, Man.
Cas Rowalk, Falin, Alin,
B. Gilderick, Mintelea, Man.

No. 3 Bombing and Gunnery School MacDonald, Man., (Air Gunners)— LAC, M. Pryszlak, Reginn, Sask, LAC, R. McKay, Govan, Sask, LAC, G. Kozariz, Tocher, Alia, LAC, G. R. Faranych, Royal Park

G. B. Farmiych, Royal Park,
J. A. Huni, Jahmanton, Min,
G. Myles, Roglinn, Sank,
J. Jayev, Roglinn, Sank,
J. Jayev, Roglinn, Sank,
H. F. Rower, Gleichen, Alm,
H. F. Rower, Gleichen, Alm,
J. F. Hower, Gleichen, Alm,
J. S. HerNell, Monse daw, Sank,
J. S. MerNell, Monse daw, Sank,
J. S. MerNell, Monse daw,
Sank,
J. S. MerNell, Monse daw,
Sank,
J. S. Mernell, Monse daw,
Sank,
J. Cow, Beresdord,
J. S. Honger, Rimbey, Man,
J. J. Low, Beresdord,
J. Hoppenshal, Winnipeg, Man,
L. Ringer, Rimbey, Alm,
J. Hoppenshal, Winnipeg, Man,
J. S. Burgees, Winnipeg, Man,

Christmas seals are a means of helping many unfortunate people back on the highway to health and happiness.

No one knows exactly how thove the earth the atmosphereaches, but it is estimated to be east 625 miles.

FOUR CENTURIES AGO

FOUR CENTURIES AGO
If you think blood transfusions are
modern, says Neal O'Hara, be informed that back in 1492 when
Pope Innocent VIII was dying, he
was given transfusions from three
voultful volunteers. They were 'unsuccessful, however, quite possibly
because in those days blood wasn't
typed or the method of infusion was
to crude. But the ancient Roman too crude. But the ancient Roman physician still had the right idea.

HOME SERVICE

EVEN BUSIEST LADY CAN GROW THESE PLANTS



You'd love to decorate your home with plants, but you haven't time to take care of them? Many beautiful plants take care of themselves. In almost any spot, one or another will themselves.

In the control of the

millight and protection from drafts and gas.

It's easy to brighten your home with plants! Our 32-page booklet describes simple care of many lovely foliage and flowering house plants, including azales, flowering maple, cyclimen. Tells how to grow vines, recluding azales, flowering maple, cyclimen. Tells how to grow vines, Send 15e. in coins for your copy of "Making Plants and Flowers Grow Indoors" to Home Service Dept., Winnipeg Newspaper Ulnon, 175 McDermit Ave. E., Winnipeg, Man. Be sure to write plainly your name, address, and the name of booklet.

Caves of perpetual ice are found under lava flows in western New

Make This Delicious SUGARLESS CAKE

Light, fine-textured, tempting—but to assure best results, remember to use Swans Down Cake Flour. In all sugarless baking you need the extra lightness and delicacy that Swans Down gives to cakes.

Down gives to case, Made specially for cake-baking from selected parts of choice, soft wheat, Swans Down Cake Flour is milled with great care, sifted again and again through silk to exquisite fineness that makes cakes more

For Better Cakes, Use SWANS DOWN

CAKE FLOUR



2 EGG SUGARLESS CAKE

2½ cups illied Swann Down Cake Flour
2½ taps. Columes Baking Powdar
2½ taps. Columes Baking Powdar
2 sups., unbealen
2 s 3 sean, webselts W. (so sailk 17) lises, wealth 55 fift flour once, measure, add baking powder and sals, and afit together three times. Cream shortening with orange tind; add syrup gradually, beating well after each addition. Add 3 fcup flour and beat until smooth and well blended. Add eggs, one at a time, beating after each. Add remaining flour in thirds, letternacy with nifth its in haves, beating very well after each addition. For hat result heat eak irry stell at each stage of mixing. Add vanilla, Bake in two greesed 8 inch layer pans in moderate oven (373°F) 30 minutes or until done.







CANADA'S HOUSOLDIERS



Is your appetite jaded during these tempestuous times—do your meals seem dull and uninteresting?

Tempt your family's appetite with desserts that are delicious and nutritious—blanc manges and puddings that can be made easily and at little cost, with Canada Corn Starch.

The fine quality of Canada Corn Starch gives the best possible results—a smooth texture that makes corn starch desserts delightful.

CANADA CORN

The CANADA STARCH COMPANY Limited, F



"Not if we get on the job at once. Bye, honey—I'll see you tomorow. All the way of the see that way of the way of the way of the wanted. If the see that way of the wanted. I'll be continued, if the see that way of the wanted.

VERY SIMPLE

"By the jade Budda of Temple
Shan Chi, honored friend of my
heart," said the Chinese business
man, "I have lent a tricky mandarin in Canton street 2,000 Mexican
trade dollars, and he has-not given
me a receipt. What shall I do?"
"Write sternly and demand the
payment of the 4,000 silver pieces,"
suggested his friend.
"But most careless listener, it was
only 2,000 pieces,"
"I know—but he will indignantly
tell you so. That will serve as your
receipt."

A FINE REFRIGERATOR

A FINE REFRIGERATOR

American soldiers in northern Australia have discovered the best refrigerator, it is reported in Darwin.

To get a good substitute for ice water they dig a hole in the ground to take they dig a hole in the ground to take they did a hole in the ground to take they did a hole in the ground to take they did a hole in the ground to take they did a hole in the ground to take they did a hole in the ground to take they did a hole in the ground to take any other foods you will be stock hottles of water surrounded by straw. By keeping the straw wet a process of evaporation cools the process of evaporation cools the behalt the straw is dispensed with.

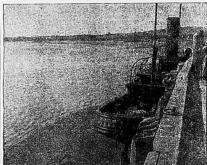
An ounce of prevention is worth a pound of cure. Buy Christmas seals and prevent tuberculosis. 2491

Official Food Rules

Official Food Rules

You Must Eat Bight To Feel
Right!
These are Right!
These are Right!
These are you eat them every
day in at least these amounts.
(Use more if you can).
MILK—Adults—15 pint. Children
—more than 1 pint. And some
CHEESE. as available.
FRUITS—One serving of temators
fruits—one serving of temators
one serving of other fruit, siresh,
canned or dried.
VEGETABLES (In addition to
potatoes of which you need one
daily of vogetables, preferably
leafy green, or yellow, and frequently ran.
CEREALS and BRAD—One serving of a whole-grain cereal and
and you would be a serving a
day of meat, fish, or meat submixed the serving of the preferably
leafy green or yellow, and freyellow and freguently ran.
EERALS and BRAD—One serving of a whole-grain cereal and
yor meat, fish, or meat substitutes. Liver, heart or kidney once a week.
Eat these foods first, then add
to these any other foods you wish.

DID YOU KNOW THAT:



At one spot on Canada's east coartiesy Moneuay Times, Teresto,
The tide goes out so far eand so rapidly that Nature supplies drydocking facilities. This and other unusualities are seen in Associated Screen
"Did You Know That" movie shorts.

A Delicious Mealtime Beverage



 Postum has a delicious satisfying flavor that every member of the family will enjoy.

Postum contains no caffeine or tannin to upset nerves or stomach. Made instantly in the cup, either with boiling water or hot milk. Very

S 4 OZ. SIZE MAKES 50 CUPS 8 OZ. SIZE MAKES 100



cereal, — 100% whole wheel, in which all the bran, wheel germ and minerals are retained. For general finess, keep well nourished. Enjoy Nabisco Shredded Wheat with milk at breakfast every day.

NABISCO

	1	12	3	4	15		6	7	18	9	10	٦.
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14		4		15		16				17		
18			19	M					20		21	
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	_	30		31			32					,
	33		100	7:3		34			35		36	7
37					38			39				40
41			42	43	W	17/1	44		199		45	Т
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_	54						55					\vdash
HORIZONTAL 1 King who was given "the golden touch" 6 Leg apparel 1 To spring back 2 Powerful 4 Some 5 City in Georgia 7 Period of time 8 Pronoun			41 Mulberry 42 Golf clubs 45 Symbol for tantalum 46 Artificial language 48 Opponent 49 To be mis- taken 50 Most recent 52 Young girl 54 Strips of material applied to seams 55 South			100	VERTICAL 1 Pertaining to the mind 2 Cold 3 To act 4 Directed 5 European 6 Struck 7 To iong 8 Symbol for silver 9 Article 10 To caress 11 Sudden attack 13 Eastern college			19 Reduced a lower class at another's expense 23 Destroys 26 To bury 28 Preposition 29 Earth goddess 31 Pronoun 32 Chinese measure 3 Mold on clothing		
9 Dedicates 21 Symbol for			American mountains college 16 Disinte-						36 Measures o capacity 37 Futile			

19 Dedicates 21 Symbol for oleum

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25 To congulate
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Answer to

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53 European

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Chinook United Church

Rev R. W. French, B A Service will be held in the United Church every Sunday II:45 a.m

Sunday School 10:30



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APPLICATION FOR BEER LICENSE

THE GOVERNMENT LIQUOR CONTROL ACT OF ALBERTA

DUBLIC NOTICE is hereby given that the undersigned intends to purply to The alberta Liq or Control Board for a License to stell Beer by the glass or open bottle, for consumption on the licensed porton of the premises, and also to sell Beer by the unopened bottle for consumption clsewhere than upon the licensed premises, in conformity with the provisions of the Government Liquor Control Act of Albria and the regulations made thereunder, with respect to the following described Beer Salesrone.

Beer Salesroom in the North-east corner of the ground floor of the Chinook Hotel, situated on Lots 1 and 2, Block 4, Plan 2231 B. A. Chinook, Alberta

Dited at Chinook, Alberta this twenty-fifth day of November A. D. 1942.

John Henry Otting

CHRISTMAS MAIL

Greater care than ever before is necessary on the part of mailers, in he preparation of their overseas parles, in order to avoid delay.

Address all mails in ink, fully, clearly, and without misleading abbreviations. Be sure to place return additions on cover also include a skip in in parcell bearing sender's address or sure to place return additions. We have been addressed to the result of the said care the handling of the said care the handling of the said and the handling of the said and the handling of the said care to the said care the said care

The Ladies Card Club Met Tuesday Evening

daughters, Miss Emly and Mrs. Smigelski left for Calgasy and on Thursday.



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reight run.
Yard Foreman Smith's son,
Sat. Filot Donald Smith, of the
Sat. Filot Donald Smith, of the
R.C.A.F., was killed in air operations over Germany on August
Little, 1941. A second son, Lieut.
Lorne L. Smith, is at present

overseas on active service with the Glengarry Highlanders. Conductor Tudosa also had a son, Cal. Joseph Keith Tradeau, and a son, Cal. Joseph Keith Tradeau, who was a trainman with the Canadian Pacific Railway, at Ottamer Son, Baul Tredianu, who was a trainman with the Canadian Pacific Railway, at Ottamer, is at present training with the control of the Canadian Pacific Railway, at Ottamer, is at present training with the to right, Yard Forenan R. Smith and Conductor A. C. Tradeau,